2007

Oct 31st 2007 Marshmellow Field Walden NY Triangle UFO.

Abena says: "Telepathic contact dialogue from Orion extraterrestrial female, received August 7th (or 3rd?) 2007 while Phil was in a state of deep meditation."

Telepathically

Abena: "Hello Phil , I am called **Abena Astuz Yahl**....I want you to know that we are like you in form with some minor variations. We come from Orion and it was "*our ancestors*" who built the Great Pyramid of Giza. We know of you and were awaiting your return to **Pine Bush**. I am going to make close contacts with you so get ready. Now, if you will learn the practice of '*deep meditation*' it will prepare you, condition you, and make it easier for us to have contacts. You see it has to be this way, because our brainwave resonance is controlled by the practice of deep meditational states like TM. And so if you want to make contact with us you must reform and accommodate yourself with that which is natural to us. Without this no close contacts can happen. The reason we respond to you by thought is because you have already fairly progressed far enough through meditation and observance of the cosmic laws that we discerned you deserving of closer sightings and responses from ourselves and our aerial crafts."

Note: Nudge Squidfish's info is that Abena migrated to Venus from **Sectoo's moon**. Then trained on Mars before being assigned to earth. Born of the planet **Caldera**. Moved to "Ledas star system". Moved to the planet "**Sectoos**". (Sectoo orbits the Star Ledas. Sectoo has 3 moons. Two moons are dead. Abena moved to the water moon.)

2008

July 2th 2008 Walden New York Triangle UFO.

July 2rd 2008 UFO - Orion ship contact. Post. Phil Coseski. "Amazing sighting and contact with my Orion contact girl's smaller model reconnaissance ship I filmed this video on a mono-pod July 2rd 2008 in Pine Bush, Orange county NY. This Orion ship performed some diagonal criss cross motions and angular cuts, also put on it's plasma strobes, the lights seen on this craft are unique in that they are all 100% plasma based, not lamps. This is no earthly craft of ours, it is of extraterrestrial origins from the Orion constellation. Why do I say this? Because the pilot (**Abena**) of this ship identified herself to me and made contact with me and told me she comes from Orion." "What we're looking at this is a Abena again I think this is one of the her smaller triangular craft the **reconnaissance type 35 ft** this is Abena back over the Jewish Cemetery"

Rom Chronological Log:

10-5-2010 Abena says Rom on shore leave because of his kids. She is filling in. Telepathically showed me the **“Rules Room”** on her ship.(**reconnaissance type 35 ft)** This is where they have staff meetings on her ship concerning the work on earth. There are rules they must follow. Her ship was congested and cluttered with all kinds of stuff. Nothing like Rom’s ship. **Phil Coeski** stated on YouTube the she was just promoted from captain to **major**. Each of the four ETs I am in contact with have very different personalities.May 25th 2008 Montgomery NY Triangle UFO. Telepathic "Hyro-Lift" Rides Magnetic Waves.

October 22th 2008 UFO NY Sighting "definitely see a powerful scaler wave emanating from this this craft this." "powerful powerful scalar waves emanating off of this craft here"

October 29, 2008 The Orion Connection Synopsis of the Orion constellation, and the extraterrestrial life there and it's contact and interactions upon earth both ancient and modern.

September 3rd 2008 UFO Orion Ships Exclusive. "yes these are my friends and they are extraterrestrials from the constellation Orion and they're here on this earth researching doing scientific research studies" "Right now I want to take this time to express my gratitude for the sightings" **Phil:** *"I'm on the corner of **Hill Ave** and **Albany Post** road. This is a great spot for sightings right here" (Montgomery, New York,)*

Note: Phil has a powerful sense of "Gratitude" toward the ETs. I have a profound sense of "Unworthiness" towards my 8 ET wifes. Abena & Nudge Squidfish have a much closer rapport than Phil and Abena; this rapport is playful and humorous. Abena and Nudge Squidfish love to tease each other. They do this in a very affection way.

November 22th, 2008. Orion UFO sounds. "No doubt this is a triangular reconnaissance craft." "It's called a "*hydro lift*" you just ride that magnetic feel like a wave. That's why they call it a hydro lifter!" "that's what Abena told me last night a telepathic contact, and now they're just demonstrating to me tonight what a "Hydra lift" looks like!

Nov 29, 2008 Triangular UFO Fly Youtube Post By Phil Coseski. "This is video of a close fly by of an Orion triangular ship flying over the **"***Beth Hillel Jewish Cemetery***"** (Shot May 25th 2008 within Orange County New York.)" **"**Right over Hill Ave right now going over towards West Searsville"

Nov 29, 2008 Youtube Post. Phil Coseski. This is the emitted sound of an Orion triangular ship shot on May-25-2008 as it flew over me. These ships can emit a wide range of differing harmonics, the basic sound is a generated '*white noise*' background with a pulsed tachyon generated harmonic at intervals. "I am into UFO extraterrestrial research, and contacts with aliens, I'm the original Orionifo of Youtube's "Orion Contactee Channel." I had documented verifiable contact with an Orion humanoid race called "*Oxicarian"* from 2007 thru 2012 and more specifically with an Orion female named "**Abena**" in the Orange county region of *New York State* near UFO hot spot, *Pine Bush*. Abena let me film her triangular ship on many occasions and performed a few amazing flight demos. In our contacts she taught me many interesting and extensive things about her race, their ship's and their advanced technologies. The aliens have a very large *underground base* under **Orange County NY** which extends for many square miles and is many miles deep underground so no humans could ever find it. I was approached by the ET's because they told me I was a hybrid of their genetics due to an ancient past interbreeding on my paternal (Dad's) side. They also wanted me to convey their presence and reveal their identity."

Rom Chronological Log:

8-16-2013 I (Nudge Squidfish) was told that around 1000 AD. A male cadet in the space brothers was sent to earth for training. He met and fell in love with a teenage earth female. He lowered his vibrations and created a solid physical human body which he used to have sex with the girl. I was told that this was somewhere in Macedonia Greece on the Aegean. This is how I ended up with 1% Martian DNA! Barda is helping Jane Ann to get good UFO videos. “B” (Abena) was very happy last night. She was just like a little girl. I've never seen the child side of the “Major” before. But make no mistake she is a “professional all the way” when it comes to her mission. But it was so good to see her relaxed & happy!

December 7, 2008 Triangular UFO Post. Phil Coseski. *Shot May 25th 2008.* "I filmed this Orion triangular ship in NY shot on *May 25th 2008* this was a *planned UFO sighting and contact with extraterrestrials from Orion*. The object seen here is not secret USAF hardware such as the aurora or TR3-A-B. It is 100% alien hardware, I know this for certain because the pilots of these UFOs have made contact with me. This craft came in from the northwest and now she's going

she's going directly south probably right over a marshmallow field Jewish cemetery".

Orion Triangular Craft-sounds. Post. Phil Coseski. "On *July-2-2008* While filming a triangular ship which was silent another 2nd triangular ship flew in and exhibited sound. The basic sound consists of a white noise generated vacuum background over which is laid a *tachyon pulsar drive* which gives a unique harmonic over the white noise."

December 9th, 2008 Orion UFO contact Post. Phil Coseski. "Small Orion triangular craft comes around to be filmed and displays a few 'hydro-lifts on the magnetic field (*hydro-lifts are circular-vortex wave like motions*) On *July 2-2008* over *Montgomery NY.*" "I'm not quite sure if this is a **Abena** or not. It very well could be but might be one of the other alien races that are here, one of the reptilian species, or one of the grays even! Not quite certain, as their telepathic contacts with me are not quite that prolonged. They have to go slow with me, with this, because it's all new to me and too much! It might just over overwhelm me or blow a circuit in my head if they give me too much telepathic stuff too soon! You know they have to initiate me gradually into this. Look at that! Wow! That was a hydro lift right there! That's got to be a **Abena**!

2009

January 1, 2009 Orion UFO Evidence Post. Phil Coseski. "Shot this video of an Orion triangular craft on *Sept-2-2008* before *three guests*, who incidentally are now also reliable witnesses of my close encounters and UFO sightings of extraterrestrial craft. This was a very close sighting of a smaller model reconnaissance triangular ship piloted by Orion ET's. I say these ships are from Orion, because the pilots have contacted me via telepathic mental communication and disclosed to me their identity. I know this may sound crazy! But it is true and I have amassed lots of video evidence some of which demonstrates my telepathic link up and contact with the ships."

January 2, 2009 UFO Warps While Doing Zig Zags "Awesome sighting of an Orion triangular craft performing teleportation in the sky. I filmed this on *September 2rd 2008* I had three guests with me who are now also witnesses of the veracity of my UFO sightings and contact. To see the teleportation maneuvers of the ship watch it in full screen and in high quality mode. Take notice of how when I address the UFO it suddenly stops it's maneuvers and stands at attention, this demonstrates a *telepathic link* I have with the UFO. The pilots of these craft have contacted me via telepathic communication and disclosed to me their identity, that is why I say these are Orion ships, because the pilots told me they come from the Orion constellation."

Note: Nudge Squidfish has 24/7 telepathic communication with a vast group of ETs. At first, medical and mental interventions along with dream stress testing were used by the ETs & Masters to assists his meditational contacts. However, later on Nudge Squidfish acquired direct 24/7 mind to mind contact without the use of meditational states. Nudge Squidfish began his training in late 1985 under the guidance of Master Djwhal Khul and his student H. P. Blavatsky.

January 3, 2009 Orion UFO Sighting- Part-1 "Incredible close and extended sighting of an Orion triangular craft, this was filmed on *September 2rd 2008* I had three guests with me who incidentally are now also witnesses of the veracity of my UFO sightings and contact with alien craft over Orange County NY. You can hear my guests gasp in amazement as the UFO which was just hovering stationary suddenly performs a few zig zag maneuvers which startled them and prove that this object was no conventional earth aerial ship. I filmed the UFO for at least 10 minutes before it took off for elsewhere."

January 7, 2009 Triangular Orion Ship-close sighting with sound Post. Phil Coseski. "I shot this on *September 3rd 2008* Over Orange county NY, this was a fly by of a powerful triangular craft. I got a good close up of the ship for about 45 seconds until my tape ran out. There was also **sound** with this ship. Sounded like between a low rumbling to a **deep thundering sound** somewhat like a larger jet, but different, they sound deeper than our jets. These triangular craft can also mimic any conventional earth plane sound they want. They do this for security reasons in order not to generate fear and panic which the full ordinary sound these

craft make if they didn't muffle and disguise the ordinary sound a bit. I have heard the ordinary sound on several occasions and it certainly sounds eerie and alien.

Note: On many of Nudge Squidfish 's UFO Youtube posts you can hear the ETs try to disguise their crafts by using this trick.

January 8, 2009 Orion UFO shows anti-gravity. Post. Phil Coseski. *Shot July 2rd 2008* "Awesome sighting of my Orion friends triangular craft demonstrating anti-gravity and red plasma only about 100 feet above the ground! Over some dairy fields. The ship also performs some incredible push and pull maneuvers. Overall just an exceptional sighting proving the extraterrestrial nature of these triangular ships."

January 8, 2009 Orion UFO just hovering. Post. Phil Coseski. *Shot July 2rd 2008* "Amazing sighting of my Orion contact friend's triangular craft just parked and hovering in the air about 100 feet above a Jewish cemetery in NY. The ship can be seen just cresting on the magnetic field here. This is no conventional nor secret USAF stealth plane. This is a real 100% alien ship that can hover in one locale for minutes at a time and this video proves it.

January 10, 2009 Orion Delta UFOS Contact Post. Phil Coseski. *Shot October 31st 2007 at Knops Dairy Farm or the Old Owens Dairy Farm.* "This was a very special night of multiple UFO sightings and contact from these Orion delta craft. Three UFOs were just waiting for me when I arrived at my filming spot. And I filmed each of them in succession as they just floated above some woods occasionally displaying some diagonal movements and powerful plasma strobes. These multiple sightings should settle beyond any doubt that these ships I film are indeed real extraterrestrial spacecraft. They could not possibly be earthly craft or even secret USAF military hardware. For one single convincing reason, *'These ships respond to my thoughts and wishes'* which demonstrates the powerful telepathic link that I have with the pilots of these craft. I was temporarily interrupted by a *police officer* who saw me parked here and he investigated me took my license and registration checked me out make sure I was legit cuz he said down the road they had some new construction broken into a lot of copper pipes were stolen. Evidently copper theft is a big deal these days cuz the crooks get away with it. And they're able to exchange it for a lot of money. But he checked me out and saw that I was legit. He said I could stay here cuz I *"did"* get permission by the builders to be over here on this new construction site. Its is on this side of marshmallow field, here this is across the street from the Jewish cemetery"

Note: Inter-dimensional UFO hypothesis @ Wikipedia: The inter-dimensional hypothesis is a proposal that unidentified flying object sightings are the result of experiencing other "dimensions" that coexist separately alongside our own in contrast with either ...

Note: Nudge Squidfish also had the Delaware City Police check him out in the parking lot of Jay Martin Soccer Stadium when he was trying to film UFOs landing there. Nudge Squidfish also has experienced UFOs responding to his thoughts and wishes. He ask for and got to film a blue UFO to post.

January 10, 2009 Orion UFO Pulsar Strobes Post. Phil Coseski. *Shot October 31th 2007* "Nice sighting of a Delta Orion Ship demonstrating it's powerful pulsar strobe. These strobes emit powerful plasma and all of the light generated by these craft are from powerful tachyon beam generators. These light beams are also the ships propulsion drive which utilized hydro-dynamically, as well as generating the ship's incandescent glow. This UFO looks like you could actually see the veins in this thing glowing. Veins of light. Amazing. It's like veins running through an arm but they're all luminous. They're all highly charged light throughout the whole hull of the craft. Here you can this whole hull of the ship. It's amazing. It's actually what I saw rise up at close range about *14 years* ago on a field trip to Pine Bush. It was my first one with *Rich Hansen* and myself and we saw seen a craft rise right up out of a field at close range not more than maybe 200 feet away from us. It looked similar to this one but it was all glittering white glowing sparkling like a diamond. This might just be that same craft only at longer range away from us up in the sky. But whatever this is, it's letting me film it a good long time here for which I am grateful to our friends from the stars. Thank you.

Rom Chronological Log:

8-5-2013 Hooked up with Abena. She asked me to call her “B”. Wow. She is very high class. She knows how to lead her family. Everybody respects her highly. I consider her to be more spiritually evolved than me. I really

I don't know how I am doing this. Somehow, someway all the girls seem to be very happy with the situation. But I got to say I am really out gunned at 5 females ETs to 1 fat old hippy earth male. Barda has taken Jane Ann for adoption. She now considers Jane Ann her daughter. Jane Ann will be posting her first video on YouTube.com soon. My daughter-in-law is starting to see “ghosts” inside her home. Doctor Klark told me he started working on my case in 1963 when I was 11 years old. Rom came on board in 1967 when I was 15 years old. (UFO sighting with Ronnie Smith at Boys scout jamboree) But he didn't reveal himself to me until November of 2007.

January 11, 2009 UFO-Orion Delta-ship- Exclusive Post. Phil Coseski. *Shot October 30th 2007* This was an interesting sighting of an Orion ship. The ship demonstrated a bit of its remarkable plasma strobe, as well as a few quick skips and jumps on the magnetic field. About only 50 feet above the treeline! Which means this craft was no more than about 150 feet above ground level. This could not have been any earthly plane, because FAA flight rules state that airplanes cannot fly below 500 feet! This object was an Orion delta (*delta meaning triangular*) ship of my ET friends who are from the Orion star constellation.

January 12, 2009 Delta Orion UFO Post. Phil Coseski. *Shot October 30th 2007* "Good sighting of my Orion friends delta (triangular) craft as it flys over me and then throws on some strobing plasma light. The flickering strobe of these craft when they want it to can surround the entire ship in a halo of intensely luminous shimmering light. They usually do not fly around with this intense plasma aura around their ships as this would cause a panic to most people and they would fear they were being invaded. So most of the time the ships fly around disguised as terrestrial planes or experimental craft.
But these ships are not earthly, they are extraterrestrial."

January 12, 2009 UFO floating over woods Post. Phil Coseski. "Short but incredible sighting of an Orion Delta craft demonstrating anti-gravity by just floating over some woods. shot this video on *October 30th 2007* this was a night of multiple sightings and UFO contact with my Orion friends."

January 13, 2009 UFO Flying Low over town center Post. Phil Coseski. *Shot October 31th 2007* "Awesome sighting of an Orion delta craft flying in pretty low over the town center of Pine Bush NY. I shot this video on October 31th 2007 If you look closely you can see the ship produces several intervals where it surrounds itself in a powerful plasma light globe. Conventional airplanes even with their strobes cannot surround their entire ship within a globe of plasma light. Also, you can see this UFO is cutting zig zag motions as it fly's by. These two factors, the intense plasma flares, and the zig zag motions are evidence this craft is extraterrestrial hardware! They usually come out at dusk as soon as
it starts to get dark they're out here.

January 13, 2009 UFO-Orion Delta Craft - Exclusive Post. Phil Coseski. *Shot* October *12th 2008* "In this sighting a Delta craft (*triangular ship*) slowly came in and exhibited it's *unique plasma strobes* and *tachyon drive* by which the craft generates *scaler waves* and anti-gravity. The craft came in very close this time. My sightings and contacts get closer and closer with each visit! Here one can observe the triangular shape of the craft as it flys over. I wish to state emphatically with absolute surety that this is not a secret military *USAF hyper-sonic plane* such as the *'Aurora or TR3-B'.* Due to the fact that I have seen these craft perform 'teleportation' as well as anti-gravity maneuvers right before my eyes, not more than one quarter a mile away from me in the sky. The USAF or secret cabals do not have mastery of this kind of technology yet.

They are only just beginning to understand anti-gravity with the TR-3B ships and experimental propulsion systems. They cannot yet travel faster than light nor teleport like the aliens do. Well maybe a select few can whom the aliens can trust, but they are very few.

January 28th 2009 Orion UFO Evidence-Part-2 Post. Phil Coseski. Shot July 2rd 2008. "Spectacular close sighting of an Orion delta craft. I filmed this on July 2th 2008. The ship was just hovering and doing occasional hydro-lifts. My extraterrestrial friends demonstrated at least 1.5 hour of sightings and made contact with me that night. It was really an incredible evening." "It's rather chilly out here tonight it always gets a little chilly in these valleys. I should have brought a sweatshirt actually just brought a lightweight jacket".

Note: Nudge Squidfish also shot and posted UFOs is sub freezing temperatures with 3 feet of snow.

Feb 5th 2009 Orion UFO Sighting Part-3 Post. Phil Coseski. Shot July 2rd 2008. "Close fly by of an Orion delta ship. shot this vid on July 2th 2008."

Feb 7th 2009 Orion UFO Evidence Part-4 Post. Phil Coseski. Shot July 2rd 2008. "Nice close up of an Orion Delta craft as it skimmed over the tree lines." July-2-2008 "More than maybe a half quarter of a mile away very low not more than 50 ft above the tree line."

Feb 11th 2009 Orion Craft with hydro-sonic sound. Post. Phil Coseski. Shot September 2rd 2008. "Excellent close up views of my Orion contact girl's triangular ship. Also as the ship flys over the hydro-sonic sound is heard. While it does sound something similar to a jet, it is not a jet. The timber is different and the over all sound is more concentrated and even sounds a bit eerie".

Andrew Feder Interview

Note: Nudge Squidfish edited and rephrased this Phil Coseski interview so that the concepts are easier to grasp.

March 4th 2009 UFO-Orion Contactee Phil Coseski Interview Part 1 Post. Phil Coseski. "BBS radio host **Andrew Feder** interviews me on my NY UFO sightings and contacts. Show date was February 27th 2009. **Andrew:** "I have a gentleman who I feel highly, in fact, I'm very much honored to have on him my show! He is very spiritually conscious and I would assume very highly evolved spiritually. He is a UFO researcher. A contactee. He has been lately in contact (with ETs). I don't like to use the word alien so much. More like ETs! The group known as the Orion's. It pleasant to have Phil Coseski here (in the studio). I'm deeply honored to have you on board (Phil). I must say how are you doing?" **Phil:** "Hi. Thanks for having me on." **Andrew:** " I just really briefly (want to review some of the facts)..... I know there are certain aspects I want to talk to you about (concerning) your contacts. Your constant contacts (with the Orions). And look at what (they) are? The situation with Orion's? And where they're from and all that? But could you briefly (review your story for our listeners)? Tell my audience a little bit about yourself?" **Phil:** "Sure well! I'm a researcher out here in the Northeast and somebody gave me a book about all this years ago. Maybe 14 years ago, and after I read the book. It's called "silent invasion". It was written by "**Ellen Crystal**". She was the first real major UFO researchers in **New York Pine Bush** area. This is the area in New York where these sightings, these craft have been appearing. After I read that book I took a trip out there with a friend and we started to see these objects. The same kind of UFOs that **Ellen** was saying, and having some experiences with, and that was back in **1993!** Way, way back, and we caught (had) our first video that very first night! We went out there and we got an object that popped up just above the trees over some farm fields. And this object was just glowing pulsating on and off. On and off, for about five or ten minutes! And we got like a three or four minute clip of it on video. We were just really ecstatic when we saw this. But now I've been doing research into this. I just started doing this research. Close to (for bout) two years now. (February 27th 2009 Pod Cast Date). **Andrew:** "Wow! You know basically (Phil) you've been Destine (to do this). Its pretty much destined for your path to find out (this mystery). And deal with the (UFO) situation." **Phil:** "Yeah! I've been coming to terms with that. (the struggle to embrace his ET karma). I really felt that I've been chosen for this! In fact the aliens have communicated (that) to me, that I have been chosen as an experiment! So everything that's going on with me is really an "experiment" to see if they can

make me a (bonafide) contactee. To become a real contactee,.. somebody like that,... I mean,.. really having physical contact with extraterrestrials is not a small matter! It's very complicated! There's a lot of issues involved and there's a protocol that people have to meet in order to become that kind of a liaison between the aliens and humans." **Andrew:** "Are we talking specifically about the Orion's contact?" (or) All extraterrestrials?" **Phil: Phil:** "Basically all extraterrestrials that are on the earth have some kind of protocol that they disseminate or that they teach to those that they consider potential contact material. It's basically (a) universal (process). It's like a universal law. It has nothing to do with the publicity or anything like that!!! But it has everything to do with a universal law and the cause (& effect). (They take into account) the state of consciousness of the individual considered. **Andrew:** That law is basically, you know not to jump horses! (Not to make selfish choices and help humans raise their state of consciousness). It is (Raising) the conscious level of their (humans) vibration. The (ET) are vibrating on frequency that a (regular) person would know nothing (about). You know what I'm gonna get into, because there's,.. I believe there's a different (vibration) so that when they (experiment with) contact some people won't (or can't) handle it. And you (as the contactee) know (feel) its physiologically (mentally & emotionally too). (He or she) Won't be able to handle (it) as well mentally (at the) absolute vibrational levels. **Phil:** It's a matter of recognition to (of) that they consider.... because it's a matter of thinking. These aliens,.. I mean their thought process is just so far ahead of us. And I mean (The ETs are) thinking and dwelling on concepts that are just so far (ahead of us) that we haven't even considered (them) yet... And they've been drawing in (working with) these things (concepts) for thousands of years! And we haven't even begun to (grasp the concepts)...we haven't even begun to really come into the understanding of those concepts! They already have been using the telepathic (waves of magnetism) and eliminating a lot of the negative (thought patterns) in the human psyche. Like jealousy all these other kinds of negative (thoughts)." **Andrew:**"Absolutely yeah! So (that) everybody (listening) out there knows who (and what) we are talking about! I know that you (Phil) have been directly in contact with the Orions and you need to be. Basically people out there in the audience have no understanding of what the Orion's are trying to accomplish or who they are." **Phil:** "First of all the Orion consolation is very very large and it houses all kinds of different kinds of life forms (and ET races). So there's everything from traditional greys that come (from a few stars) in Orion. And then there are a (the) reptilian species that comes from Orion. I think they (reptilian species) come from **Riedel**! From what I understand. But the ones that I'm dealing with, the ones that have contacted me, the ones that are here in New York, they are from the "back stars" of (the belt of) Orion. And they are humanoid. They look just like us with some minor variations here and there.

Rom Chronological Log:

Note: **May 5th 2024 Abena** told Nudge Squidfish that she has an an outer eye lid and an inter eye membranes behind her eye lens that acts like sunglasses to filter very strong light situations. This cuts back on the amount of light hitting her retinas. **Abena** considers **Altheron** as her home-world in the **Alnilam** star system . It is a two sun system and is twice as bright as earth. She also spells **Altheron** as **Al-ther-ron** when using American phonics. Inside the house she was raised in there was very low lighting. Similar to earth's vast wilderness areas during 1:AM. that is at nighttime.

Andrew Feder Interview #1 Con't

Phil: Like some of their eyes maybe a little more circular, more oval than ours, but they are basically humanoid, and they look like us. They were on earth in ancient times. They had colonies (here). The Orions were (a) particular race of aliens that are coming from the belt stars. (I was) told that their ancestors were the ones responsible for (inspiring) building the Great Pyramid and Sphinx in Egypt. This really amazed me. And I subsequently researched (it and) came into all kinds of secret knowledge. That there exists a huge huge complex under the Pyramid of Giza that houses all kinds of ancient texts (occult library). That (it) proves the reality of extraterrestrial life! And it's being just covered up by those that are in the
know because they don't want people to come into this knowledge or understanding. Because it's going to shake the very foundations of the religious conceptions of the earth people! And it's destined to change the fundamental thinking and feeling of the earth people when they come into

this kind of knowledge. And that's why they're keeping it covered up!!! Because they don't want people to be empowered. The people that want this covered up, they don't think that we can handle it." **Andrew:**"Do you think it's not that we can't handle it; or do they think, it just this idea (of capitalism, is it about keeping) the power game going? You know our current circumstances are to continue & perpetuate their control (of all resources)." **Phil:**"Yeah that's partly it! Also I think it's a two-way street though! I think it's partly that there is a control factor. But there also is a very real security threat. With any kind of real extraterrestrial presence (same with humans, there are Good & Bad Actors)! **Andrew:** And if ET tech starts to be disseminated on earth it'll break all the foundations (of earth's civilization if not handle correctly). (It will break the) crystallized relationships of all religions (and economics!). Religion is good because it does give people (a) certain structure to some extent. In most religions there are principles which if followed will give people balance and a sense of Decency. But the (religious) clerics have manipulated (their followers for) control (purposes) by way of belief systems. I think their scriptures were originally formulated for good . I just found (out) the clerics have utilized it (scriptures) for the (gaining of) power (over the masses). (The clerics did this) in sort of a conspiratorial way. (They wanted) to keep the power (by way of) the continuation of (public) control." **Phil:** " I agree". The scriptures themselves are (basically) good it's just (that when) Jesus was there, (When Jesus was alive there was nobody who running the show.)" "I honestly believe that the clerics have misinterpreted what Jesus (and other teachers) have said . They've misinterpreted it (the Truth).

Dr. Daniel Frey Contactee. From the book "The White Sands Incident".

Your earth would be a better place if every creed, dogma, and article of faith were thrown into the sea! When you attempt to reduce principles to writing, and codify them into laws, you open the way for corrupt scribes and lawgivers to distort and misquote them for their own selfish ends, And you open the way for endless contentions as to minor meanings, until the trees of innumerable creeds shut off the view of the forest of truth. **Page -85- The Male ETs Rolf Telano & The Female ET Borealis'**

Telepathic Advice

June 14th 2024. Abena Says: "Nudge Squidfish you are straightening out the kinks in Phil's story. A lot of the things Phil just didn't understand. You are untangling the details that Phil didn't understand - a lot of the technical stuff! He did the best he could! Phil's Earth's "social skill set" just got in the way of his ET contact".

Andrew Feder Interview #1 Con't

Mar 8, 2009 UFO Orion Contactee Phil Coseski. Post. Part 3 of my BBS Radio interview with host Andrew Feder recorded February 27th 2009. This Post Is Mislabeled. It Should Be Part 2.she told me I had already fairly Phil: "I'd progressed far enough through meditation and observance of certain Cosmic Laws (*See Book: The Kybalion. Hermetic Philosophy. By the 3 Initiates for background*) that they discerned that I was deserving of closer sightings, contacts and photo Ops of their ships. Then she made a prediction. She told me the next time I came back she was going to be appearing again. She was going to be performing these aerial movements in the sky that I could capture on my video. Sure enough a month later I went back out & her ship appeared! She started putting on these aerial shows in the sky. I got it all on video. She started zig zagging all around in the sky doing all these unconventional aerial movements in her triangular craft. **Abena** Pilots a smaller triangular 35 ft. craft. These triangular (Scouts) craft are the most incredible ships! **Andrew:** Is there like a mother ship? (Is) Abena in the one of like the shuttle in Star Trek? A smaller version? Where they go out and do the exploratory thing? **Phil:** Absolutely! (Its a) small little reconnaissance craft. It's incredible! These things can maneuver so fast! Just to give you an example! Last September (2008) I had a couple come up and interview me on one of my trips out to Pine. They were doing an interview with me for a documentary film about my sightings. (It was) **Bill Hong** from New York. Him and his girlfriend came out and interviewed me. **Bill Hong** told me previously that he went out for six times to looking for UFOs and he saw nothing! Then the very night he went out with me all the ships came out (appeared). They (the UFOs) stayed out for like 2 hours. UFOs just kept appearing all over the horizon! He (**Bill Hong)** was completely astounded. My Orion contact girl

Abena brought her ship in (close). She did the most incredible aerial movements that I had ever seen to date! She stopped and then she just started zig zagging in the sky. It was a form of teleportation where the ship was seen simultaneously in two places. In a split second at the same time! I don't know how she did this but these crafts can move in Quantum space faster than light travel! It was unbelievable and I have this on video it's up on my on those websites. **Phil:**I got just one question for you. I just have a feeling they move by being "*pulled*" as opposed to being "*pushed"*. They're being pulled! They can create their own wormholes and go to a different location faster than the speed of light. **Phil:** Absolutely! I don't know how it works. I don't understand all these Cosmic laws yet". **Andrew:** "The reason why I'm saying this is because you remind me of somebody else I know! When people see them disappeared and zigzags, they think, oh! We got to have a a propeller in the back or a jet that pushes you along! You know people don't realize a plane doesn't fly because the the wind hits from underneath. It's because the loss pressure from above and basically that's how they move. They create a space in front of them that's literally sucked them ahead! **Phil:** "Yea, it's kind of like a vacuum. In fact when these ships fly over, the couple, when they came out saw the Triangular ship fly over head. **Bill Hong's** female friend said, "*It sounds like a jet*"! I said I know! I know it does! They use a vacuum principle in these triangular craft but it's not a real vacuum! It's so (the UFO) may sound like a high powdered jet! I've heard the more triangular form (UFOs) have tachyon generators in these craft. They're self-replenishing. Their ships are run on some kind of crystalline structure. So the energy is is constantly self-replenishing. They don't need gas. They don't need any of these kinds of fluid. They do have some kind of hydro dynamical fluids. They use like mercury, probably liquid oxygen, titanium, hydrogen. It's based on a very high physics like hydrodynamics that I don't hardly understand anything about!

NS Paper on UFO Propulsion Systems

Note:Summary Of UFO Pro-Gravitic Propulsion. (SEE George Adamski's Book: Flying Saucers Farewell. Re-titled: Behind The Flying Saucer Mystery.) (Also, my ET contacts have provided some background information concerning this estimation. As best as I can tell there seem to be three major types of UFO Propulsion Systems: 1.)Chemical & Nuclear which is mostly used for short distances. 2.)Pro-Gravitic or Zero Point Systems use for the solar system travels. 3.)Hyperbolic Inversion Propulsion for intergalactic travel. For more info see my Preliminary Analysis Updated 10-17-2022

Andrew Feder Interview #1 Con't

Phil: "But I do know enough. They also use a vacuum type of principle with their with their engines or generators in the craft. So when you hear these triangular ship fly over you'll hear a vacuum type of sound. (If you're) talking about them creating a vacuum sound on flybys, I would highly agree with you. They do create some kind of vacuum. **Andrew:** When I mean vacuum (sound) it's not like air. It's more like in a Quantum physic form of vacuum. **Phil:** Yeah. **Andrew:** When you've gotten in contact, I understand that you've been doing (It) through meditation at first. We talked about getting your vibrations up. You had mentioned that there's a certain protocol that has to be done in order to facilitate for your ability. To be able to (use) your psyche! (*see the works of Sigmund Freud, Carl Jung, Wilhelm Reich, Franz Anton Mesmer, Russel Targ, Harolds Puthoff @ The Stanford Research Institute*) To be (with) them in a physiological situation, where you were 10 ft away. **Phil:** Absolutely. **Andrew:** You have to do (the protocol). (see Dr. Steven Greer's contact protocol) (Are you) able (Phil) to disclose that? **Phil:** Okay, I want to say this emphatically, and announce it because it's very very true! Anybody considering contact with extraterrestrials has to undergo their protocol. It involves reaching a level near approximate with the aliens mental vibrations. They (will be) feeling (the) vibrations too! **Abena** told me; "*the whole reason why I was being granted contact was because I had already fairly progressed*". These were her exact words. I had already fairly progressed far enough through meditation and (the) observance of certain Cosmic laws. (*See Book: The Kybalion. Hermetic Philosophy. By the 3 Initiates for background*) The laws are known universally throughout the Universe. Like the seven axioms of Hermes from ancient Egypt. (The Laws are: Mentalism. Correspondence. Vibration. Polarity. Rhythm. Cause & Effect. Gender.) Everything is vibration. The "laws of creation" I had already paid a lot of attention to. **Abena** told me that's why they considered making me contact material! I'm really her experiment! I am a preliminary contactor at the moment. I have seen them. **Andrew:** "Are there's others like yourself that

they've been in contact with too? **Phil:** yeah! But they haven't told me who. But there's many others! There's many different alien races! **Andrew:** No. I'm saying of the Orions! They've been in contact with many others humans? **Phil:** Oh I'm sure! **Andrew:** I think there's a reason why they're facilitating you. **Phil:** Yeah, what they're trying to do is reveal through contact what it's all about. It is basically from the highest to the lowest. From the lowest back to the highest. As Above So Below! (Occult notion). Someday we're going to evolve to a state where they are now (etheric)! By then they are going to evolve far beyond that and become gods. And the ultimate goal for all of us is to come into the most complete knowledge that is offered in the universe. We're all supposed to evolve back to the very center of the Galaxy. Supposedly, what I understand from these alien races is that all our Spirits first originated in the very center of our galaxy! This massive swirl of eternal light is the central Sun! That these many different alien races talk about! In the very center of our galaxy there is a huge body. It's called the central sun. (The black hole is a great being. It is at the very center of the milky way). And it's the actual beginning point of every bit of creation throughout our whole galaxy! And supposedly, this is where all we all started from.

Andrew Feder Interview #1 Con't

Note: Nudge Squidfish edited and rephrased this Phil Coseski interview so that the concepts are easier to grasp.

March 14, 2009 UFO Orion Contactee Phil Coseski Part 4 Post. Continue my BBS Radio interview with host Andrew Feder 2-27-2009. Phil: It all started from, and we all have to return (to the Light) and find our way back! Once we do that we have eternal life!We are given every single piece of knowledge and wisdom that has ever existed. We evolve for (to become) eternity. We become gods. We actually become gods! And this is where Jesus, the Masters & the Gods of the whole universe exist! Right in the center (point) of this of this Central (Eternal) sun (light). I'm talking about on the inner (& other) plane too! There's another focal point also. The outer part of that Central Sun! (the skin of the sun) Which of course gives all the (physical) heat. (energy if you will). **Andrew:** Basically where people refer to heading into the light (of the) center. As your vibrational levels (awareness) keep on rising higher and higher. Through healing meditating and chance. You become more aware of your own actions, chance, choice and thought patterns they ultimately become more important. You become the more real you. You become your soul in flesh. **Phil:** Exactly. Being of service to others, karma permitting! If your current reincarnation allows opens the door to the Master's message. You'll pick up the transmission. **Andrew:** "Love Takes You One Direction. Hate takes you back to the opposite direction! It's that simple! And that love vibration, my old master before she passed away, call it "*spinning off*". You go to your very Source! You don't have to recycle your soul over and over again into new bodies. But I jumping onto another subject, what I really ask you is, where do souls originate on Orion or Earth? What does that karma look like? Also what is like detaching from the Abena's vibrations? Does her vibrations stick around after she leaves? What are the positive effect of Contact? **Phil: "**I just weeped". **Andrew: "**When you come back down and you're now walking around did you feel a little nauseous in the way? Were you comfortable in your own body? And after you had your physiological & spiritual meeting with them? Were more comfortable when you came back to Earth? Was it a nauseating or comfortable vibration"? **Phil:** Well I'll tell you, whenever I'm filming them it's on a very deep empathetic level. I would many times just break down and just weep! This connection this a very powerful love connection the aliens have with me, and it's a very powerful love. Like a mother's love for her child, and that's how these aliens look at us as like siblings. We're the little brothers and sisters that need to be trained. They love us unconditionally. No strings attached. **Andrew:** But how did you feel when after being around them and then not being around them? How did that feel? Like out of place? Like nauseous? **Phil:** Well out of place. The first few times nauseous and a sick feeling. Then I adjusted to seeing the ships up more closely! Then they start (showing) putting on the anti-gravity drive". **Andrew:** "I'm talking about different vibrations of the contact vs the normal state. You're walking around normal people then all a sudden you are in contact with **Abena"**. **Phil:** "When I'm around Abena I feel wonderful! When I'm putting up with selfish humans not so great! That undesirable state of "selfish-normal". I can do without I guess? But I feel at home with Abena. I don't know about my passlife or previous living situation with Abena. It's possible?

Note: Abena says: Phil & Abena had a pastlife on the eastern cost of Greece back

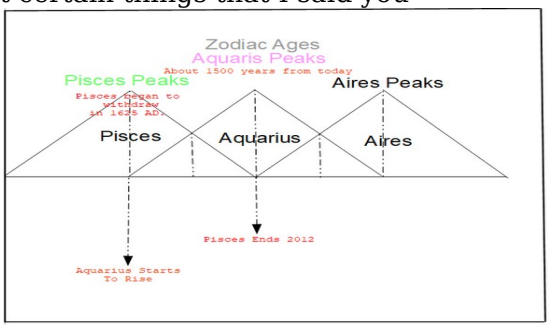
in 376 B.C. It was a small fishing village and we were very close friends. We had a small brick making business together and we specialized in bricks for baking ovens. We had separate familys but were very close. June 16th 2024.

Andrew Feder Interview #1 Continued

Phil: I'm not totally 100% convinced about reincarnation! It may be true or not? I tend to believe more in what the Bible teaches about one life. I'm not really absolutely certain? I think there's some indication in the Bible (that) actually talks about reincarnation? (see Matt:10-13. Matthew, xv, 24, Psalms, Ixxxii, 5-6-7,Isaiah, xli, 23,John, x, 34, Proverbs, viii, 22-31, Matthew, xi, 14, Matthew, xvii, 12-13, Matthew, xvi, 13-14, John, ix, 1-2-3, Mark, vi, 14-15-16, Revelation, iii, 12, Also see E. D. Walker, Reincarnation: a Study of Forgotten Truth.) Also there's some hint Jesus actually intimated (*made known*) that John the Baptist was Elijah. (That is,) to those the people could receive (grasp) it. I can see maybe for some of the prophets they could reincarnate. **Andrew:** "I'm just saying the original Christians, even Jesus, believed in reincarnation. Right until Constantine romanized the religion. (The Constantine Romanized) version did not believe in reincarnation! I know in Judaism you reap what you sow! In Hebrew (the) cabalistico writings they use a similar word. It is the same thing as "karma". (that is, cause & effect). Same identical philosophical ideology is found among the Native Americans, Hindus, Buddhist, & Egyptians"! **Phil: "**I'm very well acquainted with this! I've studied it" **Andrew: "**I know you're talking about reincarnation! I think that there's (a) voluntary system where some souls choose (their) own paths. Certain people came into certain embodiments to perform certain acts! They choose to heal themselves, humanity & the souls that are around them. That's why I think that's part of Reincarnation". **Phil:** "I have one problem with that idea. I'm open to it, but have one problem with it! When flies into the face of the (*Constantine Romanized*) version of scriptures! (Why the 2 versions of Christianity?) (Why the notions of) the "last judgment" and "the coming of Christ?" (*See KARMA AND FREE-WILL — A. Keightley. The Path – October 1891. Theosophical University Press: Online Literature*) He (Jesus) is supposed to come back to the planet and all the the nations will be brought before him and the (good and bad get divided). The ones that (express the love of God are saved and the others are doomed). The purpose for Christ (coming) to the planet was to express the love of God. (Isn't that is what **Abena** is doing?).

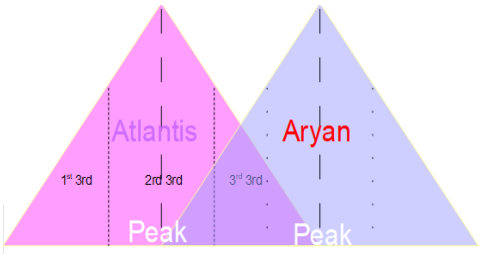
March 15, 2009 UFO Orion Contactee Phil Coseski Part 5 Post.

March 19, 2009 UFO Orion Contactee Phil Coseski Part 6 Post Phil: "I'm still open to being re-education by Abena about certain things that I said you"



Abena says: *"It's true that the earth orbits around the milk way visiting each of the 12 zodiac houses for a length of time."* **Ben Creme** said that the end of the age of Pisces occurred in 2012. Pisces began to withdraw in 1625. Then the new energy of Aquarius came to earth in 1675. There was a 50 year overlap cycle where Pisces was at 99% and Aquarian energy was ripening at 1%. The Mayan calendar marks the end of the Pisces. Pisces energy was at 0%. At the end of age of Pisces the "*Aquarian Dispensation*" or dismantling of the old rigid Pisces political & economic forms began.(Occult Note: One cycle around the milk way is called a Great Year, comprising 25,772 + or - solar years) The aim of Aquarius is to create unity and synthesis. You can't use the Pisces technique of individual materialistic competition to bring that about. The energies impact on human history slowly changed over the last 387 years. The average stay in the house of the zodiac in

2,500 Years + or -.



Abena continues: *"Phil didn't grasp the notion of getting a chip implant which would allow a Wi-Fi link to A.I. Computers and other chip implanted human."* Phil speaks of a time when the Aquarian cycle peaks! It then slowly recedes during the last of the Aryan race; when mankind will broadly see chip implantation as the most effect way to achieve unity and synthesis among humanity. Slowly over time, selfish intentions and the desire to control others will creep into this notion of unity and synthesis. That is, those who seek to force unity and synthesis by way of chip implantation will fight against those who will use natural telepathic skill. Then, evil will once again rear it's head. Just like Hitler during World War Two, a terrible war "might" occur. But in the next 1500 years a 1000 years of peace will occur maybe. History repeats itself. Wars and Natural disasters have repeated themselves through out history too. Must the pass become the future again? History's pendulum swings back and forth carry humanity along the path of the divine plan. Just like Albert Einstein's theoretical work help create the A-bomb, so to with Elon Musk's notion of A.I. & chip implantation! The seeds have been planted. The question is will mankind use chips to enslave their brothers or will humanity use this tech to assist in the exploration other star systems? The more things change the more they stay the same, in man's playground of the gods. Will there be a 144,000 resistance fighters opposed to the authoritarian Aquarian forces of unity and synthesis? Or does the 144,000 refer to something else? Nothing is written in stone. However the choice will be made by future mankind.

Relatively truth

"The possible truths, hazily perceived in the world of abstraction, like those inferred from observation and experiment in the world of matter, are forced upon the profane multitudes, too busy to think for themselves, under the form of Divine revelation and scientific authority. But the same question stands open from the days of Socrates and Pilate down to our own age of wholesale negation: is there such a thing as absolute truth in the hands of any one party or man? Reason answers, "there cannot be." There is no room for absolute truth upon any subject whatsoever, in a world as finite and conditioned as man is himself. But there are relative truths, and we have to make the best we can of them".

H.P. Blavatsky Lucifer,February 1888

March 19, 2009 UFO Orion Contactee Phil Coseski Part 6 Post. Recorded February 27. 2006. PHIL: "Everybody's going to have to eventually get a chip. Humans will get mark. They'll get chipped in their right hand or their forehead with these marks. These chips, these Radio Frequency ID chips, or whatever they are. And the reason is they going to worship this theory, (*buy into this unity and synthesis*). The rest of (*mankind*) are going to turn to the Creator and not take that chips! (*At the peak of Aquarian Age*)They're are either going to be December and listen to the lie of this latter day Caesar or not! And **Abena** said all these things are absolutely true". (*But not according to Phil's understanding! Mankind will make similar mistakes in the age of Aquarius as it did in Pisces but on a higher level of consciousness. Phil does not understand the occult law of cycles. He thought 2012 meant and evil leader would arise!*)

Ben Creme says: The number "*666*" or "*mark of the beast*" refers to the Emperor Nero (during the end of the Capricorn cycle) in Roman times (*or like Putin & Hitler in*

modern times). The new leader embodies the energy which has been given the name "anti-Christ" which was released during the Roman dispensation (*dismantling of the old rigid Capricorn political & economic forms.)* to prepare the way for Christendom *& Pisces new political & economic forms.(In each of the zodiac ages there are repeating cycles of dispensation*). It was released again in our time through Hitler and his Nazi group, a group of militarists in Japan and Mussolini's fascist in Italy.

Andrew continues: So before you go, before we close out, what is the meaning of 2012 Phil?

Note: According to Ben Creme that this is as far as the Mayans got in their calculations before their civilization collapsed! The end of the age of Pisces occurred in **2012**. Pisces began to withdraw in 1625 AD. Then the new energy of Aquarius came to earth in 1675 AD. There was a 50 year overlap cycle where Pisces was at 99% and Aquarian energy was rising from 1%. The Mayan calendar marks the end of the age Pisces which is 2012. Pisces's energy was at 0%. At the end of Pisces or 2012 the "Aquarian Dispensation" or dismantling of the old rigid Pisces political & economic forms began. We are at the very beginning of the 50 year cycle. The creation of the new Aquarian political & economic systems are replacing the old worn out Pisces forms.

(*But Phil didn't understand that 2012 meant the end of the age of Pisces*) . **Phil:**"The Great Pyramid of Giza was built in alignment with the best stars of Orion. And according to Pleiadian female ET named Semjase of Billy Meier fame; in some particular future there's going to be an alignment with one of the central stairs of Orion. Its going to line up with one of the Kings shaft of the Great Pyramid. Star light is going to fall through the Kings shaft of the Great Pyramid". **Andrew:** "Phil. I want to really thank you for coming on my show. Would love to have you back.

End of Andrew Feder Interview

March 27, 2009 Orion Triangular Ships with sound : Exclusive Phil Coseski Part 6 Post. *Shot October 12th 2008.*

March 29, 2009 Orion UFOS Exclusive with sound Phil Coseski Post. *Assorted clips of various Orion triangular craft with sound Shot from May-25- to Oct-11 -2008 Highlights.*

March 30, 2009 Orion UFO Evidence Part 5 Phil Coseski Post. *Shot July 2rd 2008.* "Marvelous and close sighting of an Orion delta craft and fly by. the ship also performs a few fast diagonal zig zag maneuvers which clearly displays it's ET origins. Orange County NY State."

March 30, 2009 Orion UFO sighting with sound Part 6 Phil Coseski Post. *Shot October 11th 2008.* "Absolutely awesome sighting of my Orion contact's delta ship. This was a very unique sighting in that some of the native sound of the ship is allowed to be heard. And if you look closely at 0:21-23 you'll see the ship deposits a small ball of light which quickly descends away from the craft, this ball of light is likely a telemetry scout probe which surveys and takes readings for the pilot. in most of my videos I have seen these smaller 'lights' accompanying the larger ships. they are telemetry probes".

Note: According to George Adamski's these probes are the eyes and ears of the craft.

March 30, 2009 Orion UFO Sighting Part Five Phil Coseski Post. *Shot October 11th 2008.* "Cool sighting of my Orion contact's delta craft exhibiting a powerful scaler strobe light, also the ship performs a few diagonal acrobatic maneuvers through the sky. Orange county NY."

Interview With Preston Dennett Part 1

Note: Nudge Squidfish edited and rephrased this Phil Coseski interview so that the concepts are easier to grasp.

April 5th 2009 Orion Contactee Phil Coseski Part 1 of 6 Post. *Recorded March 26th 2009* BBS radio show 'UFOS and the paranormal' interview **Preston Dennet.**

Preston Dennett (California) is a field investigator for the Mutual UFO Network (MUFON). He has more than fifty articles published in most of the major UFO publications and is the author of "UFO Healings" and "One in Forty: The UFO Epidemic." He has worked with the television programs "Sightings," "National Geographic Explorer," and "Encounters."

Preston: "Our guest tonight is, I'm very honored, we're all very honored to have him on tonight. He's actually been researching these subjects for quite some time! In particular the Pine Bush New York hot spot. Pine Bush as you may know is originally made famous I think back in the 1980s through Dr. J. Allen Hynek & Philip J. Imbrogno and Bob Pratt.

Note: The late Dr. Hynek was a famous astronomy Professor from OSU who was a consultant to the Air Force's "Project Blue Book" UFO investigation and later had a cameo in Steven Spielberg's movie "Close Encounters of the Third Kind." He began the research that was continued by science educator Philip Imbrogno and journalist Bob Pratt. What they uncovered was that thousands of people have been seeing strange objects in the sky-and sometimes even contacting strange beings-in the Hudson Valley just north of New York City. The book is called "Night Siege".

Preston Continues: "and probably more in particular **Ellen Crystal's** book "*Silent Invasion* ". It was about her investigations into Pine Bush which is one of New York State's major UFO hot spots! Our guest tonight is **Phil Coseski.** Phil has actually visited this area many times! He has had some encounters himself. So we're gonna be hearing some interesting stories tonight! I am very happy to welcome our guest Phil Coseski! **Phil: "**Hi Preston thanks for having me on". **Preston:** "You know I'm very interested in the the New York State encounters. I actually wrote a book called "*UFOs Over New York*" recently and I'm very aware of the whole Pine Bush phenomenon. So I'm really excited to hear about your experiences. Before you get into it, how did you get involved in this whole subject?" **Phil:** "I was skeptical. Then it hit me like a ton of bricks! Back in 1984 I saw something out in Nevada when I was out working at a gold mine! I saw something. It was near Area 51. I saw something out there when I was camped out on a hill. I always believed in extraterrestrial life. I saw something out there and it absolutely convinced me that UFOs are real. This thing whatever it was, it was some kind of a disc. It was just stopped in midair over me bobbing up and down like a yo-yo on a string. I was shocked! This was during nighttime. I was camped out on a hill and I was just looking at the stars. I saw this object that looked kind of saucer shaped. It was very high up but you could make out some kind of a saucer shape to it. It came right over me. It stopped all of a sudden. I thought that was unusual. I thought it was some kind of airplane or a star. Maybe some kind of military object! It stopped and then it just started bobbing like a yo-yo! Since that time I always believed in UFOs. I never really paid too much attention after that. It was way back in **1984**. Then **1992** and **1993** came around and that's when I really became awakened to the whole idea of UFOs. I read a book to familiarize myself about these sightings in New York. That book was by **Ellen Crystal** called "*Silent Invasion*" I became convinced about her sightings. So a friend and I decided to take a trip to Pine Bush back in July 1993. It was my first trip to the Pine Bush New York area. We started seeing things in the sky! We started seeing lights that were behaving unconventionally. One light in particular suddenly appeared over some farm fields. This light was very low. It was not more than 100 feet above the ground. It was pulsating on and off on and off on and off. It just kind of hung there and pulsated. It had this definite type of plasma quality to the light that looked like liquid. We got about a three or four minute clip of this on video which amazed us." **Preston:** "what do you think it was?" **Phil:** "It was probably maybe a quarter mile to a half a mile away. Eventually our tape ran out and we couldn't film it anymore. That was in the beginning of the night. Little did we know what we were in for. About a half hour later we drove around one of the towns adjacent to Pine Bush. Maybe Rock Hill or Montgomery. So we drove around and I was sitting in the passenger side, and all of a sudden I saw something rise out of the field. It was glittering. It looked like a glittering diamond with fireworks inside of a crystal! It was sparkling like fireworks inside of this crystal. It was some kind of triangular shaped UFO. I was in shock when I saw this. It rose right up out of this farm field straight up into the night sky! It made no sound. It rose up so fast that we couldn't stop the car and get any kind of video of it! It was the

most shocking sighting I've ever seen! I was totally convinced what I had seen that night was was alien!" **Preston:** "How big do you think it was? Just estimate." **Phil:** "It was hard to estimate but I'd say maybe 30 feet in diameter. It was shocking!" **Preston:** "Do you think that they were reacting to you in any? Did you get any telepathic messages?" **Phil:** "Not at this time. This was 15 or 14 years ago. But I do think that the aliens were aware of us. They Decided to give us these two really kind of close sightings that were special. They knew that we believed in them. My trips out there began again back in **2007**. Just a little over a year and a half ago. More recent trips have proved demonstrably to me that the aliens are very aware of who I am. They have communicated to me. We''ll talk about that later. What happened that first night out was so convincing back in 1993." **Preston: "**You know there's another guy who wrote a book about his investigation into "*Pine Bush*" by **Vincent Polise**."

Note: In the early 1990's, Vincent Polise was introduced into the world of UFO and Paranormal phenomenon. For fourteen years he has experienced large amounts of paranormal activity as well as witnessing a UFO exit the Earth's surface and hover over a tree line. Vincent Polise continues to live in New Jersey and visits Pine Bush as often as possible to experience and witness this ongoing phenomenon. www.pinebushufo.com

Interview With Preston Dennett Part 1 Continued

Phil Continues: "Oh yes he has one of the finest websites. In fact I think it's the only website up outside of mine. (*as of 2009*) Mine (site) is like kind of a secondary thing. I call it the "*Pine Bush Zone*". A lot of people are going there and having sightings. **Preston: "**Was there was nobody there that first night? **Phil:** No! In fact the activity has kind of quieted down for a lot of people. In fact the aliens are choosy about whom they're gonna give their sightings to, and how much they give, and how long they give it! For instance there's a couple that came up from New York and they interviewed me last fall for a documentary film on my sightings. His name is **Bill Hassan** from New York City and he told me that he went to pine bush to see if he could see anything. Hassan's mother had some kind of UFO sightings years ago around that area. Hassan went out six times...."

Interview With Preston Dennett Part 2

Note: Nudge Squidfish edited and rephrased this Phil Coseski interview so that the concepts are easier to grasp.

April 5, 2009 Orion Contactee Phil Coseski Part 2 of 6 Post. *Recorded March 26th 2009* BBS radio show 'UFOS and the paranormal' interview **Preston Dennet.** Part two of my interview with Preston Dennet, host of 'UFOS and the Paranormal' show, on BBS. **Phil Continues:** "He (**Bill Hassan)** never saw anything. Then I invited him out in September (2008) of last year and all the ships came out. One of the ships performed the most incredible aerial movements that just left everybody in amazement. The ship that performed this was the extra-terrestrial girl **Abena** who is in contact with me. You probably want to get into questioning me about how this all happened? How I got contacted? **Preston: "**What was the maneuver?" **Phil:** The light started to come in from the southwest and I said look at this! All of a sudden it was like an orange pulsing light. It came in. It stopped then all of a sudden it just started zigzagging to the left and the right and diagonal movements! It was performing these diagonal movements faster than light speed! It was skipping in diagonal movements. I think the UFO was actually teleporting itself simultaneously? You to see it in two places in a split second at the same time. That's how fast it was moving. You could see it in
two places, in a split second of time simultaneously. I got this on video. It's on my YouTube videos so people can see it! The evidence." **Preston:** "Like you I'm convinced that the UFOs absolutely do know who they're showing
himself to! After interviewing many hundred people that eventually became pretty clear! That when you see a UFO they know it (you)." **Phil:** "Absolutely because they're telepathic. Their mind reader's. I mean they're so evolved that all of their psychic abilities are like 100 operating at one hundred percent! And most of these beings that pilot these types of craft are incredibly advanced beings. I'm just amazed that everything that's happened to me. I never dream it.

I've always kind of had it in the back of my mind that it would be cool to be contacted by extraterrestrials. I never knew what was involved. The process you have to go through. Even then once you are contacted by extraterrestrials nothing's guaranteed! You have to live up to the protocol or the criteria (Unconditional Love) that they lay down for you in order for you to be in contact with them!" **Preston:** "So after that first night they must have trusted you enough to come back. **Phil:** "I had lived out of the state back then. I didn't make it back there too much. In 2007 I had made my return trips. I went back and I started seeing the same (thing) . I was a little bit south of Pine Bush bordering on the town of Walden. I'm out in the middle of this long farm road looking up at the night sky. I see all these huge pulsing orange lights over in the south western horizon. I know they're UFOs because these lights are shimmering orange plasma-based lights. They're moving very slow almost like a snail. I said I'm going to try and communicate with them and see if they respond to my thoughts! So I just asked them mentally are you the same beings
that I had seen 14 years ago? There was like three of these UFOs on the horizon and all of a sudden two of them took off. One of them just started coming towards me and it got this huge orange shimmering light and then it got about a quarter of a mile away from me and stopped. I got my camcorder out film it. I'm looking at it. I'm zoomed in on it and it's putting on a light show. It just started pulsing. I could see this ring under the craft. I don't know what it was. It was connected with the propulsion of the craft. It was some kind of ring of light. It's separated into two different rings
and unfortunately my camcorder malfunction. I was not able to record it that night. Later, I was able to see it. This UFO responded to my thought. It came over towards me. It allowed me to see it very close up!" **Preston: "**So I've read an article about cases where people's cameras malfunction. They're trying to photograph the UFO. It happens a lot. Clearly not a coincidence. **Phil:** "Sure. And so I went away from that night pretty much convinced. I had some other sightings a little bit south of that area. **Preston:** wait Phil, let me ask you this. When you're communicating and you realize that these craft are responding to your thoughts to do you have any fear? I mean did you read anything about UFO abductions?

Ben Creme Verbatim

Note #1: According to Ben Creme: "All the UFOs entering this our airspace come from the planets of our own solar system. The the majority of them come from Mars & Venus!" "The beings in UFOs , from whatever planet- mainly Mars & Venus but others too- have a tremendous task in working to eliminate, or at least reduce, pollution." "A vast amount of Space Brothers' time & energy is spent neutralizing, so far as they are allowed under Karmic Law, nuclear pollution on planet Earth. We owe them an enormous debt." (See Share International Magazine Vol 28 #6 July/Aug 2009)

Note #2: According to Ben Creme: "In my experience, what we call UFOs, the flying saucers, come from the planets of our own system. Not from the Pleiades, or Sirius or somewhere outside our solar system, but from, mainly, Mars and Venus. A few other planets like Jupiter and Mercury are involved, but the vast majority of sightings of the UFOs come from Mars and Venus. Practically all of them are made on Mars, even the Venusian ones. They are Venusian in design, and they are quite distinct, different in design and technology, but they are actually constructed on Mars. And they are all constructed by thought." (From the July/August 2004 issue of Share International)

Note #3: According to Ben Creme:"The people in physical bodies on Mars and Venus, Mercury, Jupiter and so on are **not** at the same level or vibration of physicality that we experience. We know only three aspects of the physical: solid physical, liquid physical and gaseous physical. Above gas there are still four further levels of physical matter which so far have not been discovered on this planet. When they are discovered we will understand a great deal more about the nature and origin of disease, the purpose of life on this planet and of the reality of life on other planets." (From the July/August 2004 issue

of Share International)

Note #4: According to Ben Creme: "Unless one understands the reality of the etheric levels of energy as finer, subtler, levels of matter, one cannot begin to understand the UFO phenomenon, and one cannot understand the creation of crop circles – because they are all related. The crop circles are created by people, mainly from Mars and Venus, with a few exceptions from other planets. The vast majority of them are Martian, some Venusian, and they are all over the world." (From the July/August 2004 issue of Share International)

Note #5: According to Ben Creme: "Our planet, like all planets, has a magnetic field; its magnetic energy travels in lines and criss-crosses, and where these lines cross is formed, eventually, a vortex, a force center. The space people, in making the crop circles, are replicating on the dense-physical plane these magnetic vortices in our planetary magnetic field." (From the July/August 2004 issue of Share International Magazine)

Note #6 According to Ben Creme:"In the next 2,500 years we will reach a stage where we can travel around our solar system at will, and out into the galaxy, exploring first our own solar system and then the vast galactic area, using energy which does not work within the time/space reality. So that distance is annihilated, time is annihilated. People think that if you are going to send something into the galaxy, it will take hundreds of years, the people would die before they could reach anywhere that was worth going to, and they would never return. It is not true. People come from Mars and Venus, which are not so far away, but they are still a long way away by our reckoning of distance, but they come here in minutes. It does not take time, once you understand that time does not exist and that the space which you thought you have to cover to get from one place to another does not exist either, and in minutes you can travel vast distances in space."(From the July/August 2004 issue of Share International Magazine)

Note #7 According to Ben Creme: The question of abductions and cattle mutilations is part of the general cover-up. They are a way of invalidating the harmlessness of the Space Brothers and making people afraid of the Space Brothers. The Space Brothers know nothing of harm and mean no harm for this planet. If they had, they could have destroyed this planet long ago. No one is ever abducted in a spaceship. These cattle mutilations are deliberately made as cover-ups – to put the blame on the Space Brothers and therefore to make people afraid of them. The whole thing is a plot against this enormously important and enormously serious interchange between the planets, to keep power for a limited number of people on this planet. It will be, as I say, only for a limited time until the Hierarchy of Masters is known and accepted, until Maitreya is known and accepted, and then the reality of the UFOs will come out. Those who say they are abducted have experiences of an astral-emotional nature in which they imagine that they are in spaceships. Nobody is ever taken up in a spaceship in a physical body. It is impossible. These spaceships are not solid physical. To be taken up into a spaceship you have to be taken out of the dense physical body and you go in the etheric into the spaceship, which are in themselves etheric. It is still physical, but etheric physical. Now, people say they are taken up and experimented on, things are put into their skin and so on. The Space Brothers know all about us, they do not need to do this. To me it is a nonsense, because they are so advanced in every way that they do not need to make any kind of experiment. They know the answers already. It is a complete nonsense that they should carry out genetic or sexual experimentation on people from this planet when they have a technology which is several thousand years ahead of anything that we could think of today. It is stupid, it is a blind, a deliberate way of attacking the concept of wise and superior, spiritually-oriented people. In this way, the people in control in, or even behind, the governments of the world, retain their control."(From the July/August 2004 issue of Share International Magazine)

Interview With Preston Dennent Part 2 Continuation

Note: Nudge Squidfish edited and rephrased this Phil Coseski interview so that the concepts are easier to grasp.

April 5, 2009 Orion Contactee Phil Coseski Part 2 of 6 Post. Phil Continues: "I heard there's some greys and reptilians species in the area. I had some fear in the beginning. I still do occasionally when you're dealing with beings that you haven't really met yet. You may get a little bit of trepidation any kind of interaction with these kinds of beings because you just don't know. Since they have made contact with me after my return home from that that trip in July 2007. About three or four days after I returned home from that trip I decided to meditate one evening. I just started meditating I went into the state of deep meditation. Everything's quiet. I'm very calm. All of a sudden (*on August 3rd or 7th? 2007*) I just hear a voice inside my mind. **Abena** was announcing that she was a pilot of that triangular craft that I had seen on my trip (*to Pine Bush*) that responded to me. **Abena** said she was the pilot that was in that craft she. Said her name was "**Abena"** and that she and her people come from Orion. That their ancestors, gave me a *brief background* about them. They originally came from Orion and they're here (station) in New York State! That they have some kind of a base and are conducting scientific experiments. They're doing surveying. It just so happens that the soil and the rocks around that area very rich in several different kinds of minerals: Titanium, Beryllium & Zirconium. Interestingly all three of those rare elements are used in the construction of aerospace alloys for aircraft. I just thought that was a very interesting part of it. They're conducting experiments. They've have bases at (*Pine Bush*). They haven't told me how long they've been there. Obviously it's been a few Decembers. So she goes on to tell me that their ancestors had colonies in Egypt.

April 7, 2009 UFO Orion Ship daytime sighting Exclusive Phil Coseski Post. *Video was Shot July 20th 2008.* Unexpected and surprising daytime sighting of my Orion contact's triangular ship cruising by near the Indian ceremonial mound in Montgomery NY.

Interview With Preston Dennent Part 3

April 7, 2009 Orion Contactee Phil Coseski Part 3 of 6 Part 3 *Shot April 26th 2009* My BBS radio interview with host of 'UFOS and the Paranormal' Preston Dennet. **Continues from "April 5, 2009 Orion Contactee Phil Coseski Part 2 of 6 Post."**

Note: Question. If shot on April 26th how could Phil post on April 7th?

Interview With Preston Dennent Part 3 Continuation

Phil continues: "That their ancestors were the ones that constructed the Great Pyramid of Giza and the Sphinx. And if you did a little more research into it, you'd found out that whole complex is aligned with the constellation of Orion. They told me that the pyramids completely line up with the three belt stars of Orion. Researchers have done a lot of research (and confirmed this.)" **Preston:** "I had the a guy on the show who actually specializes in that. **Robert Bauval** who wrote **The Egypt Code**.

Note: **Robert Bauval**, one of the world's most prominent and controversial Egyptologists. His Bestselling book *The Egypt Code* revisits the Pyramid Age and the Old Kingdom. It introduced the revolutionary star-correlation theory about the Giza pyramids, The Egypt Code reveals an amazing Grand Unified Plan behind the legendary temples of upper Egypt.

Interview With Preston Dennent Part 3 Continuation

Preston: "He was the guy who was credited." **Phil:** "He's done some great work. There's another man named **Patrick Geryl** who's written a book called called the **Orion Prophecy** and he's done a lot of great research." **Preston:** "So as this lady's talking what are you thinking? I mean have you had experiences with that kind of telepathy before?" **Phil:** "Not really to that degree. I thought maybe this is just a wild imagination. Maybe I'm just hallucinating? Then she made a prediction! **Abena** said the next time that you come back to Pine Bush I am going to be performing some aerial movements in my ship. You will be able to capture video. A month later got myself back out there as fast as I could. I made another trip back out and sure enough her

craft appeared. **Abena** put on these aerial diagonal movements in this little smaller reconnaissance type triangular craft. They're very sleek, about maybe 30 to 35 ft in diameter. They are the most agile craft that I had ever seen. They can move fast. They're inter-dimensional. They can go in and out of Dimension. The fact which really convinced me about the telepathic contact was **Abena's** prediction. It came true. Each time I go back UFOs come closer. Each time she does something a little bit more convincing. During the telepathic contact she had told me the reason why this was happening was because I had progressed far enough through meditation & the study of divine laws. We Decided that you were deserving of closer sightings and contacts. That's the whole reason it happened. It tells me the aliens are very open to people that are into self-improvement self-realization. That is Spiritual Development through meditation. I've always done this down through the years. I've maintained a spiritual unfoldment practices through meditation divine laws.

Note: Abena says: "Phil wasn't trained in occult knowledge under the direct tutelage of a master of wisdom. Back in 2006 there was not that many candidates for contactee to choose from. Phil did the best he could with his limited spiritual knowledge to get our message out."

Interview With Preston Dennent Part 3 Continuation

Preston: "You know Phil I totally agree with you that they're I'm very interested in people who are into self realization. Phil, what you said about psychic development! In my case I was totally skeptical of UFOs and then my mom died I saw her ghost. This started to lead me into a studying dreams and I found out UFOs were real! I started doing meditation. I had a whole bunch of Leaps and Bounds in that area spiritually. Start having a lot of sightings and contact. Similar to what you're describing. Just a couple of telepathic messages here and there. You've got to write a book about this!" **Phil:** Well once I calm down! This has really kind of shaken me up over the past year and a half. I've been so excited and so amazed at it that I'm just so consumed with the idea that it's happened. I plan to get back out there and do some more filming. Get some better video! I've never really operated a camcorder before. Since 2007 I've been a real novice at using a camcorder. My earliest videos are kind of shaky. I didn't have a tripod. The objects that I film are bouncing around. Camcorder malfunctions. There's a real learning process to using a camcorder especially when you're filming nocturnal lights in the sky." **Preston: "**No one's film themselves going on board a UFO."

Note: This may be wrong. See book "Mass Contacts" By **Stefano Breccia** who publish photos of the inside of a solid physical landed UFO. Also **George Adamski** unpublished photos of a landed UFO in solid physical state. Also, the photo-journal of a Swiss farmer, **Billy Meier 's** photos of solid physical landed UFO. **Howard Menger's** solid physical landed UFO photos. Unpublished photos of the Roswell Crash. **Dr. Daniel Fry's** book the "White Sands Incident". **Truman Bethurum's** book "Aboard A Flying Saucer". There are many accounts. Most of photos and films are being withheld until a later date for publishing. Personally. **Nudge Squidfish** states: "I've been on board a UFO for a trip to Mars and a ET power station that powers the Van Allen radiation belt, along with telepathically vising Venus, the Moon, Jupiter and Saturn. (see *Rom's Chronological Log:* for details)

Interview With Preston Dennent Part 3 Continuation

Phil continues: "I mean they can alter their appearance through some kind of *psychokinesis*." **Preston:** I think you mean UFOs appearing to be helicopters? **Phil:** I'll tell you that these beings that I'm in contact with from Orion are under some kind of a code. They will disguise their craft as Cessna airplanes. I have video where one of the Triangular craft comes in. It sounds exactly like a Cessna airplane. They can sound almost like any object down. You would never notice the difference unless somebody had told you. What they're doing is imposing some kind of mimicry to disguise the craft. They don't want to draw attention. If Ufos were to fly around in their plasma lights you would notice! The ship would be engulfed in plasma. If they were to fly around the propulsion sound that's generated from their ship, which is tachyon based, if people were to hear this, they would freak out. **Abena** has let me hear what their ships sound like

without without the mimicry. I have posted it. It's very eerie to say the least. People not exposed to it gradually would start to freak out.

Interview With Preston Dennent Part 4 Continuation

Note: Nudge Squidfish edited and rephrased this Phil Coseski interview so that the concepts are easier to grasp.

April 12, 2009 Orion Contactee Phil Coseski Part 4 of 6 Post. Phil continues: "People not exposed to UFOs gradually would start to freak out. Especially in conjunction with the plasma-based lights! Those lights, when I first started seeing them, When they took away the mimicry and disguise of airplane lights, they started letting me see the real native aliens form of these lights! I got dizzy! I got so dizzy. I was sick. These lights are so powerful. There's such an intensity about the pulsation of the light that it'll make you sick. I'm sorry to get sick watching it on a video!" **Preston:** "I've talked to other people who've said the same thing actually. They can feel light move through them. They said they tried to describe it in different ways. Certainly they're not normal lights!" **Phil:** "That's right! They're under some kind of a code, most aliens are, too disguise themselves. They can configure the light on their triangular craft."

Nudge Squidfish says: Because there technology is all thought based I've seen the ETs transform themselves and there ships into Mailbox, Cars, Planes, Animals & Light-poles. I've experienced many of the same events that Phil has describe. Any thought of an object you can create in your mind they can manifest. (see *Rom's Chronological Log:* for details)

Interview With Preston Dennent Part 4 Continuation

Phil continues: "They can configure their lights into almost any kind of airplane. They can make it look like a Cessna or look & sound like a jet. If you weren't trained you wouldn't notice. You would never know. You'd be totally fooled. They don't want to draw attention to themselves. In time they will to reveal themselves to those who open to them. They do this so as to intrigue other people that are kind of skeptical. Occasionally, they will do something out of the ordinary, so as to convince people of the fact that they can disguise themselves. **Preston:** "It really makes me wonder how many of them there are around? I've talked to other people who have said the same thing. that they've seen UFOs disguised as cars and trucks. One person was followed home by a helicopter. As he rushed into his house this helicopter turned into a typical flying saucer, right over his house!" **Phil:** In one of my videos from last fall a triangular craft approaches and it looked like a police car in the air! I think they were doing a little bit of humor. Looks like a police car up in the sky at night time! Like blue lights and then a red lights! So this is weird! kind of funny!" **Preston:** "What do you know about the person who's in contact with you? Do you know her history at all? Phil: Not too deeply. I'm in preliminary contact. This is all like introductory. I will say this though on the third trip in October 2007 **Abena** she decided she let me see her physically. She was on the street in Pine Bush in the area. **Abena** let me see her. She didn't talk to me but she just let me know it was her. She's tall & incredibly beautiful. She looked Scandinavian. where she looks Scandinavian. **Preston:** "How did she let you know? I mean you're walking on the street you just saw her?" **Phil:** "Yeah. I was in a I was in a parking lot and got out of my car. I just noticed this incredibly beautiful blonde sitting in this car next to me!

Note: Abena says that: "Nudge Squidfish was scientifically selected by a group of ET experts for the breeding program; along with 7 others females from other planets in earth's solar system. Compatibility is the key for group matings and this was carefully studied for many years before contact was made. A lot of care and effort was involved in the selection process." Abena says that: "this in not the only breeding program on earth at this time. There are quite a few of them going on at this time in earth history. At certain cycles of history we add ET DNA into the human breeding stock. Sometimes ETs males take the lead, and at other times ET females take the lead. This reoccurs in every Zodiac sign around the milky way. A lot of great human leaders, in all walks of life, down through your history, have resulted from these breeding programs."(6-23-2024.)

Interview With Preston Dennent Part 4 Continuation

Phil continues: "She just kept looking at me and all of a sudden I got a telepathic message. It was **Abena**! Her eyes are more circular than ours. They're more wider. They look kind of Scandinavian. A little bit more exotic high cheek bones. Very wide eyes. Really beautiful blonde hair well. **Abena** let me know it was her. I wanted to go up and just give her my hand and say is that really you?

Abena says; "I had made my decision to mated with Nudge Squidfish months before Phil was contacted." 6-24-2024.

Interview With Preston Dennent Part 4 Continuation

Phil continues: "You know they don't allow to close a contact right away! It has to be graduated. You have to earn it. There's a protocol. **Abena** told me the reason it has to be this way is because our brain waves resonance (*frequency*) is derived from deep meditation states like transcendental meditation. **Abena** told me they practice a form of meditation that's comparable to transcendental meditation as taught by the mahavishnu yogi (*that is their normal state of consciousness*). I've been since learning how to do transcendental meditation a little. There's many different states of meditation as long as it gets you into the place.

Note: Nudge Squidfish had used active meditation since late 1985. Since 2018 he no longer uses meditation due to the fact that he is in 24/7 mind to mind contact with a large group of Space Brothers and Masters of Wisdom. He no longer has to will himself into their brain wave state. However, there are certain "powers of the mind" that require a deeper self willed meditational state. (see the book: Active Meditation: The Western Tradition by Dr. Robert R. Leichtman & Carl Japikse for info)

Interview With Preston Dennent Part 4 Continuation

Phil continues: "**Abena** said, What's really important is you know the art of getting into the higher brainwave state. ETs are much more relaxed than we are. They're not as intense as we are in the physical world. The craziness of our physical world blocks higher brainwave state. They've really know how to relax. They have a very relaxed demeanor. They don't get excited and jumpy. **Preston:** "I totally resonating with what you're saying. I was once at a UFO meeting. It was a very small meeting. Four or five of us. One of the ladies was a contactee. At one point everyone started getting really sleepy. I stayed awake but my brother he fell asleep. In the room at one point you could feel the ET presence. As the meeting progressed the energy change and we got sleepy." **Phil:** Yeah. Being next to them very special. They are very interested in a people who are having spiritual development. I think people who are taken aboard a UFO, the most common experiences is that they're examined! The second common experience is they're given messages about ecological warnings, or nuclear proliferation, or taught psychic skills! That's very common! Healing things like that. **Phil:** Absolutely! You hear so much about these negative abductions. **Preston:** There's another guy I'm talking to in Nevada. This case is almost identical to yours in a lot of ways. He met these ETs face to face once on the street. They were pretending to be musicians! They were carrying guitars and and he wasn't sure they where ETs till after they left." **Phil:** The importance of it all is that in order to have contact with them we need to evolve spiritually

April 8, 2009 Orion UFO Stirs up Coyotes! Post. *Video Shot October12th 2008.* Cool sighting of an Orion scout ship (UFO) which either accidentally or deliberately stirs a pack of local coyotes to howling!

April 8, 2009 Triangular Ship. *Video Shot October12th 2008.* Nice sighting of a triangular ship with a close fly by, the ship was cruising in fast, but close enough to see some fine details of the triangular shape of the craft.

April 8, 2009 Orion UFO evidence Part 6 *Video Shot October12th 2008.* My Orion friends delta craft, this was a cool sighting because there were four ships in the area while I was filming.

April 9, 2009 Orion Hydrosonic Craft- Part-1 *Video Shot October 11th 2008.* Really awesome

sighting of an Orion hydrosonic ship. back the1980s **Ellen Crystal** used to come out here and the aliens would come out here so low she said 15 to 50 feet up just above her head and their crafts would stop and she could almost touch them. She actually saw an alien out in one of these fields. A little small alien. So there's different kinds of races of aliens that are here in this area of orange county new york some are human looking like us others are grays. There's another species that is out here that is reptilian. I've met them. They've appeared to me. I've had several out of the body experiences with some of these smaller reptilian species. They're very very intelligent and they're and they're not hostile. I repeat they're not hostile. They're a very advanced race and just because they look different doesn't mean they're hostile! They do indeed look reptilian. I've seen them they have a brownish yellowish skin and they're very advanced. They're almost always telepathic in their communication.

April 11, 2009 Orion Hydrosonic Craft- Part 2 Video shot October 11th 2008. Part two of my Oct-11-2008 sighting of an Orion triangular ship over Orange county NY. I know what I'm filming here, this is alien stuff, but they impose mimicry of our conventional airplanes occasionally. they can utterly fool even the most intelligent and discerning people. even those who know about the mimicry tactics can still be utterly fooled at times.

April 11, 2009 Orion Hydrosonic Craft- Part-3 *Video shot October 11th 2008.* Awesome sighting of an Orion hydrosonic craft. These craft are triangular in shape and are of extraterrestrial origination. By hydrosonic I mean the propulsion systems of these craft utilize hydrosonic physics and technology, which are part of the coolant system of these craft, in combination with lazers and tachyon generation, which are the main drives of these ships. These craft are the most agile craft in existence and are capable of inter-dimensional travel and over light speed travel through hyper space. These craft can move so fast they can be in two places in split seconds simultaneously I have this caught on video.

April 11, 2009 Orion UFO Sighting Part 6. *Video Shot October 11th 2008.*

April 11, 2009 Orion Hydrosonic Craft Part 4 *Video Shot October 11th 2008.* **"**They have on that powerful scalar wave strobe light". "What they're emitting right there from that powerful strobe it's a scalar scalar wave form of plasma very intense." "This is my 10th trip out here since last July (2007)."

April 12, 2009 UFO over NY Cemetery 2007. *Video Shot October 30th 2007.*

April 12, 2009 UFO over Montgomery NY. *Video Shot October 30th 2007.* That is either the manta ray or it's a triangle craft and I swear it has a bluish green tinge" "If these were airplanes they'd have to fly a thousand feet above the tree lines that's FAA rules but these craft are all right above the tree lines. Can't be more than 100 feet at most that 500 feet."

Interview With Preston Dennent Part 5 or 6 Continuation

Note: Nudge Squidfish edited and rephrased this Phil Coseski interview so that the concepts are easier to grasp.

April 13, 2009 Orion Contactee Phil Coseski Part 5 of 6 and final of my BBS radio , UFOS and the paranormal interview with Preston Dennet recorded April 26th 2009.
Note: There seems to be only 5 parts, not 6 to the final Dennet interview.

Note: Question. If recorded on **April 26th 2009** how could Phil post on **April 13th 2009?** Phil's understanding of sunspot activity and how it relates to historical cycles on earth is very incomplete. He misinterprets the repeating historical cycle.

(see **"Evolution of humanity began over 18 million years ago"** by Aart Jurriaanse. https://share-international.org/resources/contributors/aart-jurriaanse/)(also see Rounds and races by F. Chapman Clemeshaw The Theosophical Forum 1948) *Aart Jurriaanse (1907-2002), South African author, wrote a number of compilations from the books of Alice A. Bailey, among them "Of Life and other worlds, Prophecies," "Ponder on this," "Serving Humanity," "The Soul, and The Quality of Life." He is*

also the author of "Bridges", a commentary on the Alice Bailey teachings.

"It's (Pole Shift) a little bit different this time but it's still virtually the same. So what it's going to do is trigger the Earth's axis shift or pull shift. A lot of scientists are predicting that sunspots are going to happen again in 2012. They're (sunspots) going to start up again. (*The Solar Cycle: Sunspots increase and decrease through an average cycle of 11 years.*) What is also important is that one of the central Belt stars of Orion is going to align precisely with the King shaft in the Great Pyramid sometime in 2012-2013. So it's very precise. It has to do with the pole shift. The Orion constellation was created to be like a central sun to our solar system (*Wrong. Our Sun is*). You know we have the central sun (Black Hole) in the middle of the Galaxy that that regulates everything else. Our solar system happens to be within the fields of Orion. Orion is kind of steering us in a certain direction. We are connected to Orion and that's aliens have left such a legacy here on Earth.

Note. Ben Creme says: "I said Sirius relates to this solar system in a similar fashion to the relationship to our soul to our personality. The law of cause and effect as we experience it is the result of the energy of Sirius. The beings are tremendously evolved and do not create karma. Neither do the perfected masters on Earth.) (Share Magazine. September 2008 Vol 27 #7) Also note, that there are many other civilizations steering Earth.

Phil continues: "From Orion are humanoid aliens that look just like us. From the belt Stars there's many other aliens. From There are grays and reptilians from **Betelgeuse** & **Bellatrix** and the star **Rigel**, They're also part of the constellation Orion. That's where these reptilians and grays come from. A lot of people get very scared when I tell them I'm in contact with these beings. They get freaked out and they don't want anything to do with me. They think I'm in contact with reptilians and Grays. But I have seen them. Some of these grays and some of these reptilians are not mean. It's a total lie that people have been led to swallow. Some believe that you know these grays & reptilians are evil. Not all of them are. Some of them are very Humane. I've met a couple of the reptilians. There are Grays and reptilians in the Pine Bush New York area. I've seen a couple of the reptilians in that area. They have contacted me telepathically out of the body. I've had out of the body travels. I've met up with them. They're very nice." **Preston:** "Well it's an amazing story. I'm totally right there with you. I've had a lot of experience with a of body stuff too! So it's fascinating how this all goes kind of hand in hand." **Phil:** "It does doesn't it"? **Preston:** "It really does. Well Phil I want to thank you so much for coming on to the show. I mean it's fascinating stuff and I can't wait to see what happens. I hope you write a book and put out a video. Where can people go to your website? Phil: orionresearch.blogspot.com. **Preston:** "Well thanks again it was amazing. I wish you the best of luck.

April 21, 2009 UFO Orion Delta Ships 2009 Part 1 *Shot April 15 2009* This video is of three separate Orion ships, the 2nd ship performs a few noticeable aerial maneuvers such as back tracking and quick jumps.

April 21, 2009 Orion Delta Craft 2009 All New Video *Shot April 15 2009* "Abena I know that's you. Thank you for contacting me last night. Thank you for that vision. Thank you for that promise." "These extraterrestrials have disclosed their identity to me. They've invited me to prepare for close contact with them. I have to undergo a certain protocol for this to happen."

April 28, 2009 UFO seen in nite shot 2009 Post Apr 28, 2009 *Shot April 15 2009*
April 28, 2009 Orion Delta Ships 2009 New Video! Part 3 *Shot April 15 2009*
April 30, 2009 Orion Delta Craft 2009 All New Video Part 2 *Shot April 15 2009*
May 7, 2009 Post. Triangular Orion Ship. *Shot May 2 2009*
May 8, 2009 UFO over NY state 2009. *Shot May 1st an not on May 2rd 2009*
May 8, 2009 Orion Triangular Craft- 2009- close fly by. *Shot May 1st 2009* "The ancient the Indians would call them thunder birds. That was before the wright brothers in the first planes.)

May 15, 2009 Post. Orion Ship April 15 2009 New video *Shot April 15th 2009*

June 16, 2009 Orion Federation Ships Exclusive New Video June 2009. *Shot June14th 2009.* "I say 'Orion federation' because the pilots of these craft are extraterrestrials from the Orion constellation. These particular ET's are human in appearance and not greys and they are part of a vast federation from Orion. Let it be known not all Orion ET's are greys or reptilians!"

June 17, 2009 UFO Orion Ship Exclusive, New Video 2009. *Shot June 16th 2009.*

2-27-2024 Abena says; "I want you to correct Phil and Preston's mistakes".

June 18, 2009 UFO creates molecular plasma-SHOCKING video!!! *Shot June 16th 2009.* "OK this is by far the most important and shocking video I've shot to date of my Orion contact's triangular ship. In this video the Orion ship creates and plays with what is called 'molecular plasma' which is a living intelligent form of plasma subject to the mind of it's programmer in this case the pilot of this Orion reconnaissance ship. this video serves to show the high creativity and technological mastery which the Orions have evolved to."

June 23, 2009 Orion Star-ship Mimics helicopter 2009 *Shot June 16th 2009.* **"**Awesome sighting of my Orion contact's star-ship mimicking the sound of a helicopter, why you say? because the ET's have a base in the area and so fly frequently through the airspace , if they were to fly with the ship's native sound and powerful plasma beam lights all of the time earth people would become terrified and think they were being invaded. it would cause undesirable problems on several fronts both for the ET's and humans, So to solve this dilemma the ET's impose mimicry of conventional terrestrial aircraft which is extremely effective and fools about 97% of the public. only those in contact with the extraterrestrials know the secret."

June 27, 2009 Two Orion Ships side by side June 2009 *Shot June 26th 2009*
June 30, 2009 Orion Star-ship Exclusive 2009 part 3 *Shot June 26th 2009*

July 6, 2009 UFO Orion ship appears on July 4 2009! *Shot July 4."My girlfriend Abena from Orion." "She has cat eyes" "Her eyes look like cats"*

6-28-2024 Abena says:"When Phil says girlfriend he means friendship, not wife or mating! I appeared in Phil's mind with cat eyes so as to spark his interests and help create mystery. I don't have cat eyes. My hair is golden blond and my eyes are Jet Black. I change my appearance as needed for mission requirements. We also change our craft's appearance as needed. At the time we were trying to get our message out to the public by way of Phil. He was not the only contactee in the New York Area."

July 11, 2009 UFO Returns shows more July 2009. *Shot July 10 2009.*

July 11, 2009 Triangular ship sightings July 2009. *Shot July 10 2009.* "I made sure I didn't go to Drexel Drive near that Transformer which would interfere with my camcorder's electrical mechanism and screw it up".

July 13, 2009 Triangular Ships special sightings and display 2009 *Shot July 12th 2009*
July 13, 2009 *3 Orion Ships come out 2009.* *Shot July 12th 2009*
July 13, 2009 Triangular ship strobe display *Shot July 12th 2009*
July 14, 2009 UFO Returns shows more molecular plasma! *Shot July 12th 2009*

July 15, 2009 Triangular Ship very special sighting 2009! *Shot July 14th 2009* "Really awesome and very close sighting of my Orion contact's triangular ship, the craft's triangular features can clearly be seen as it flys over, the shape of the triangular craft is almost like bat wings! They do come to sharp points near the tips and there is a third sharp point at the very back center of the craft which proves this object is no ordinary airplane or jet. This sighting was granted to help others see that what I'm filming is indeed not jets or helicopters, but real 100%

alien triangular craft."

July 31, 2009 Triangular Ship displays molecular plasma. *Shot July 30th 2009.*
August 4, 2009 Triangular Craft flying backwards!! *Shot August 9th 2009*
August 4, 2009 Triangular Craft flying sideways! *Shot August 3rd 2009*
August 6, 2009 Triangular Star-ship 2009 *Shot August 3rd 2009*
August 6, 2009 Triangular Ship makes a direct turn *Shot August 3rd 2009*
August 8, 2009 Triangular Craft- VERY SPECIAL sighting 2009 *Shot August 7th 2009*
August 10, 2009 Place where I film the Orion UFOS *Shot July 14th 2009*
August 11, 2009 Triangular Ship flying backwards part 2. *August 7th 2009*
August 15, 2009 Triangular Ship amazing sighting 2009. *August 13th 2009*

August 27, 2009 UFO pulls back suddenly! Aug 2009. *August 7th 2009* "The ship demonstrating how it knows what I'm feeling and when I'm in a negative or careless attitude by pulling back and disappearing effectively refusing me to film anymore of it while in a careless or negative state."

October 3, 2009 Triangular IFO Identified Flying object 2009. *July 12th 2009*
October 3, 2009 Triangular Craft sighting July 2009. *July 28th 2009*
October 3, 2009 UFOS multiple sightings NY July 2009. *July 12th 2009*

October 23, 2009 Orion Contactee Phil Coseski Update Oct 16 2009. *All new BBS radio interview with host Andrew Feder, October16th 2009 the interview is an update of my recent spectacular summer 2009 sightings and contact with the extraterrestrial Orions.*

October 24, 2009 Part 2- Orion contactee- Phil Coseski Update Oct 16 2009. *Part-2 of all new BBS radio interview with host Andrew Feder, October 16th 2009 the interview is an update of my recent spectacular summer 2009 sightings and contact with the extraterrestrial Orions.*

Note: Abena's mission on earth is in support of Master Maitreya. Many now expect the return of their awaited Teacher, whether they call him the Christ, the Messiah, the fifth Buddha, Krishna, or the Imam Mahdi. Millions now know that the one who fulfills all these expectations, Maitreya, the World Teacher, is already living among us and is gradually emerging into full public recognition. Preferring to be known simply as the Teacher, Maitreya has not come as a religious leader, or to found a new religion, but as an educator in the broadest sense, a teacher and guide for all people irrespective of background or belief. Together with the Masters of Wisdom, He is here to show us how to solve our most critical global problems.
At this time of great political, economic and social crisis, Maitreya will inspire humanity to see itself as one family and create a civilization based on sharing, economic and social justice, and global cooperation.

Note on Pole Shifts: The poles have reversed 183 times in the last 83 million years, with an average interval of around 300,000 years between reversals. However, the last reversal occurred about 780,000 years ago. While the reversals can sound scary, they take a long time to happen and don't pose an immediate threat to life or the environment. Currently there is a ET power station that powers the Van Allen radiation belt. This is meant to prevent a pole shift on earth until the forces of evolution have accomplished certain tasks. One accomplished the ETs will remove the Van Allen radiation belt and allow the earth's poles to shift.

October 28, 2009 Part 3 Orion Contactee Phil Coseski-Update Oct 16 2009. *October 16th 2009* BBS radio interview with host Andrew Feder, Oct-16-2009

October 31, 2009 Part 4 Orion Contactee Phil Coseski Update Oct 16 2009. *October 16th 2009* BBS radio interview with host Andrew Feder, Oct-16-2009

October 31, 2009 Part 5 Orion Contactee Phil Coseski Update Oct 16 2009. *October 16th 2009* BBS radio interview with host Andrew Feder, Oct-16-2009

November 2, 2009 Final Part 6 Orion Contactee Phil Coseski Update Oct 16 2009.
October 16th 2009 BBS radio interview with host Andrew Feder, Oct-16-2009

Note: After Master Maitreya reveals himself as the world teacher, many of these confused and misunderstood interpretations that are discussed between Phil Coseski & Andrew Feder, will be made clear.

November 19, 2009 Triangular Orion ship, 2009. *Shot November 17th 2009. New camcorder 60 optical zoom. Old was HC 40 optical zoom Sony.*

November 20, 2009 Triangular Craft Close up-Nov-17-2009. *Shot November 17th 2009*
November 21, 2009 Triangular Ships all new video-Nov-17-2009. *Shot November 17th 2009*
November 21, 2009 Triangular UFO -Nov-17-2009.wmv *Shot November 17th 2009*

November 21, 2009 Orion Triangular Starship-Nov-17-2009 Pt-1. *Shot November 17th 2009* A long and extended sighting of my contact's ship over 10 minutes and there will be a Part-2 . "A few mornings a week when I when I'm driving to work she Rises up lets me see her and drives right along with me."

November 21, 2009 Orion Triangular Starship-Nov-17-2009 Pt-2. *Shot November 17th 2009.* "I'm going for a ride on one of these ships. Abena gonna take me. She made that promise to me".

November 24, 2009 Triangular Orion Ship performs amazing zig zags-Nov-17-2009 *Shot November 17th 2009.*
November 26, 2009 Triangular Ship VERY SPECIAL SIGHTING-09- raw file. *Shot July 14th 2009*
November 26, 2009 Triangular Ship Sighting-May-2-2009. *Shot May 2rd 2009*
December 1, 2009 Orion Ship Exclusive-Nov-2009. *Shot November 29th 2009*
December 5, 2009 Triangular Ship with two probes-Nov-29-2009.wmv *Shot November 29th 2009.*
December 5, 2009 Orion Scout Ship-Nov-29-2009. *Shot November 29th 2009.*

December 11, 2009 Triangular Ships-Multiple Sightings-Nov-17-2009. *Shot November 17th 2009.* "I was getting ready to leave but then this flyover happened this massive triangular craft". "I just went to my car to warm up and I saw this brilliant light coming in from the east so I didn't have time to attach it to my tripod". "My new Sony DCR 650 memory stick camcorder".

December 11, 2009 IFO -Orion Craft-Nov-17-2009.wmv *Shot November 17th 2009.*
December 12, 2009 Triangular Ship -Manta-Ray craft-Dec-2009 *Shot December 11th 2009*
December 23, 2009 Stealth Orion Craft- Dec-17-2009 *Shot December 17th 2009*
December 23, 2009 Part-2 -Triangular Ship -releases probe! Dec-17-2009- *Shot December 17th 2009*
December 23, 2009 Seasons Greetings from an Orion ship-Dec-22-2009 *Shot December 22th 2009*
December 25, 2009 Triangular Ship-SPECIAL SIGHTING-Dec-11-2009 *Shot December 11th 2009*
December 28, 2009 Triangular Ship Fly By- Dec-27-2009 *Shot December 27th 2009*

December 28, 2009 Triangular Ships-SPECIAL MULTIPLE SIGHTING-12-27-2009 *Shot December 27th 2009*
December 30, 2009 UFO shows strobe and performs zig zags-Dec-22-2009 Part-1 *Shot December 27th 2009*
December 30, 2009 Triangular Ship - Amazing close sighting-Dec-22-2009 *Shot December 22th 2009*
December 30, 2009 UFO -Strobes and Zig Zags-Dec-22-2009 *Shot December 22th 2009*

December 31, 2009 UFO-SPECIAL SIGHTING-Dec-27-2009 *Shot December 27th 2009*